

# Stralsunder Kanu Club e.V.

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**Stralsunder Kanu Club e.V.**

## **Stralsunder Canoe week with **Birgit Fischer** from 21.06. to 27.06.2010 including the 9. Hiddenseemarathon on the 26.06.2010**

### **Dear sports fan,**

the Stralsunder Canoe Club e.V. is inviting you to the Stralsunder Canoe week and the 9. Hiddenseemarathon. The attachment contains the event plan with an abstract of all routes.

As an especial highlight Birgit Fischer offers a daily, 3 hours taking Canoe-course from the 22. to the 25. of July. Each course is planned for 5 to 8 people. According to the requests the education objective of the course can range from the instruction into the canoe-equipment and technical basics with dry runs and practice on the water for beginners, over to a course of paddle-technics for more experienced paddlers. Needed equipment will be provided. The course fee amounts to 95.00 €.

**Deadline is the 15.03.10 – separate registration needed**

The distance of the Hiddenseemarathon is overall 70 km through the waters of the Baltic Sea and the Bay of Stralsund, starting at the clubhouse in Stralsund around the isle of Hiddensee and back to Stralsund.

Up to 90 percent of the route is located in the national park „Vorpommersche Boddenlandschaft“. Besides the fun of canoeing this offers a unique experience of nature: colonies of seabirds, long lonely beaches, sandbanks and the impressive cliff line at the north of the island Hiddensee.

After the race every attendee will be provided with a relaxing massage, coffee, cake and a appropriate barbecue.

Due to the fact that the distance is very long it's a demanding race. Although exclusively non floating waters are passed, but with adverse winds the 20 kilometer long part of the route on the Baltic Sea can be very hard. However for a good trained Paddler of every age the marathon can be solved without problems.

Assessment is arranged for the kayak classes K1, K2 (each for male and female), K2 mixed and open class (ski, outrigger) each for the year groups up to 40, from 40 to 60 and over 60.

Every athlete has to follow the orders of the race management center and has the liability to wear a life jacket! The start occurs on own risk!

Arrival is the 25.06.2010 till 20 o'clock. At 20 o'clock a briefing of the watercourses and the route will be hold. Furthermore every attendee will get a map of the routing. For the briefing applies compulsory attendance. Otherwise the start can be denied!

Departure is scheduled for the 27.06.2010. The start fee amounts 30 Euro per capita.

The accommodation is destined in tents on the club-area. There is also the possibility to sleep in the gym or in rooms. Limited amounts of caravan campsites are available as well.

Please address your declaration to the mailing address above or use the E-mail [gerhildwinkler@alice-dsl.net](mailto:gerhildwinkler@alice-dsl.net). Furthermore you can call us by phone: 03831/ 340551 or 0176/ 610 599 59.

We wish you a good start into the new season and we would be pleased to welcome you at the canoe week.

Your Stralsunder Canoe Club e.V.

## Stralsunder Canoe week from 21.06. to 27.06.2010

- 21.06.2010                      circum navigation „Darßer Ort“                      start fee 15.00 €  
08.00 o'clock Departure with car to „Ahrenshoop“, according to the weather:  
Circum navigation „Darßer Ort“: Canoe from „Ahrenshoop“ to  
„Prerow“ (25 km) or through the shallow coastal waters from  
„Wustrow“ to „Born“ and back
- 22.06.2010                      circum navigation Island „Vilm“                      start fee 15.00 €  
08.00 o'clock Departure with car to „Wrechen“  
Canoe from „Wrechen“ around the island „Vilm“ to „Wrechen“ with  
break in „Groß Stresow“ and „Lauterbach“ (20 km)  
20.00 o'clock Guide through the museum of the Baltic Sea „Nautineum“
- 23.06.2010                      national park „Jasmund Kreideküste“                      start fee 15.00 €  
08.00 o'clock Departure with car to „Glowe“ and „Saßnitz“ respectively  
Canoe from „Glowe“ to „Saßnitz“ (25 km) break in „Lohme“ or  
Canoe from „Saßnitz“ over „Stubbenkammer“ to „Saßnitz“ (16 km)  
20.00 o'clock Evening in the Clubhouse
- 24.06.2010                      From „Barhöft“ to the island „Hiddensee“                      start fee 15.00 €  
08.00 o'clock Departure with car to „Barhöft“, Canoe from „Barhöft“ to  
„Neuendorf“ / island „Hiddensee“ and back (25 km)  
20.00 o'clock International Canoetours - requested
- 25.06.2010                      Testing boats, safety and rescue training (rolls, re-enter, paddle float),  
short canoetours around „Stralsund“ at the „Strelasund“  
20.00 o'clock Marathon briefing
- 26.06.2010                      Hiddenseemarathon                      start fee 30.00 €  
06.00 o'clock Start  
17.00 o'clock Award ceremony and following barbecue

**All trips are subjected to chances in weather and wind! According to the weather tours between the 21.06.10 and 24.06.10 can be swapped or alternatives will be offered.**

The starting fee contains the transfer of attendees and boats as well as the familiar with the place guidance. Charges for overnight stays are not contained and will be collected locally.

**Deadline for all tours is the 15.05.2010.**

**Later registrations will double the starting fee.**

**Attention: because of time reasons, the coevally attendance at the course of Birgit Fischer and a Paddle-trip at the same day isn't possible.**